**Proposal to Teach or Lead**

*This form will expand as you type in your answers so you may be as detailed as seems necessary. If you are working from a hard copy of this form, please copy the questions into an email with your responses. Be sure to type “UUBR PROPOSAL” in the subject line.*

*Teach or lead the congregation in an activity such as meditation, movement, or*

*mindful art-making (e.g., Zentangles)*

Name:

Phone:

Email:

Thank you for your interest in proposing a UUBRidge Sunday service! So that the Services Committee can understand and respond to your proposal, please answer the questions below. Then email this completed form to Will or Sue Daniels ([daniels281@comcast.net](mailto:daniels281@comcast.net)) or Kathryn Treanor ([kandbtreanor@gmail.com](mailto:kandbtreanor@gmail.com)) *Before completing your proposal, please review our “Presentation Guidelines” which can be found following the questions on this form.*

1. What activity will you teach or lead the congregation in?
2. What is the title of the presentation you propose?
3. Briefly describe what experience or perspective instigated your interest in this topic.
4. Which of the 7 Principles of Unitarian Universalism do you see your talk relating to? (See “Presentation Guidelines” document.)
5. What would you like your listeners to take away from your presentation?
6. Would you want to give your presentation on a specific date or during a specific season?
7. Would you be able to give this presentation in-person at Hearthstone School or do you propose to offer it virtually via Zoom?

UUBRidge Presentation Guidelines

About lay presentations

Presentations cover a broad range of topics and may be given in a variety of formats, such as such as a video discussion; a community conversation; a discussion of a revisited sermon or essay; a guided experience; or a talk or presentation. We are open to other formats as well.

A typical UUBRidge presentation may challenge us to think in new ways about familiar subjects; inform us about issues and problems of society and our planet; teach us about the underpinnings of Unitarian Universalism or other spiritual traditions; encourage us to explore our personal values; or broaden our compassion and understanding by learning about the lives of others.

Guidelines for lay presentations

1. Please limit yourself to about 25 minutes to allow time for comments and discussion after your presentation. If you prefer to have no follow-up conversation, your presentation may go a bit longer, but the expectation is to end the service by 11:30. Please be mindful of the time.
2. At the core of Unitarian Universalist beliefs are societal concerns such as justice, equity, freedom, compassion, environmental concern, and individual human dignity. While heart-felt discussion of public policy, as relates to these concerns, is consistent both with UU principles and with these Guidelines, we ask presenters to refrain from singling out by name specific public figures.
3. We seek presentations that are in harmony with the Seven Principles of Unitarian Universalism and ask presenters to indicate the compatibility of their topic with one or more of these principles, which are listed below:
4. The inherent worth and dignity of every person;
5. Justice, equity, and compassion in human relations;
6. Acceptance of one another and encouragement to spiritual growth in our congregations;
7. A free and responsible search for truth and meaning;
8. The right of conscience and the use of the democratic process within our congregations and in society at large;
9. The goal of world community with peace, liberty, and justice for all;
10. Respect for the interdependent web of all existence of which we are a part.